



Headteacher: Mr J. McCormack
Assistant Headteacher: Mrs B. Lorrimore
Assistant Headteacher: Mr R. Jennings



Year 4 Swimming – Birch Class

7th September 2026

Dear Parents and Carers,

Your child will be going swimming every Thursday this term beginning this **Thursday 10th September**. Their final session will be on **Thursday 3rd December**.

Please ensure your child has the correct swimming kit every Thursday.

Swimming kit:

- **Girls** should wear a **one piece costume**.
- **Boys** must wear tight fitting **trunks** - loose or baggy shorts are not safe.
- **Long hair** must be tied up (a **bun** is best) to enable a swimming hat to be worn.
- **Swim hats** can be purchased from Sports Direct in Westway Shopping Centre or Ealing; they are approximately £3.00 each.
- **No jewellery or earrings** – please remove before school on swim days.
- **Waterproof backpack must have 2 straps and be large enough to carry kit, healthy snack and a water bottle easily.**

It is very important that your child arrives at school punctually by **8:55am** as we begin walking to Horsenden Primary School at 9am. If they are late, they could miss their lesson. Children should NOT come to school with their swimwear under their uniform as they will have time to change at the pool. Correct swimwear should be worn by all swimmers (no underwear to be worn).

The children will be walking to and from the pool at Horsenden Primary School; please ensure they wear suitable footwear and a waterproof coat. Please provide a water bottle and a snack, such as a piece of fruit or cereal bar, for your child to eat before their return.

The children will be assessed by the instructors and are levelled at various stages. Whatever stage your child is at, he or she will receive good instruction and encouragement from both the instructors and the Oldfield staff to improve. The aim is that every child should be able to swim 25 metres.

All children must attend their swimming as it is part of the PE curriculum. If your child has a specific medical or personal need, please speak to Miss Hughes in advance.



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Otherwise, if your child is sick then please do not send him/her into school. Please call the school office to inform them of their reason for absence.

We will require two parent helpers to accompany us each week. We will leave at 9.00am and hope to return by 11.30am each week. If you are able to make this commitment for this term, we would be very grateful. Please indicate if you are available on the slip below and we will then be in touch to confirm details.

Yours faithfully,

Mr Jennings/Miss Hughes
Year 4 Birch Class Teachers

Response slip to be returned by Wednesday 9th September

BIRCH CLASS SWIMMING

Child's name _____ Class: Year r4 BIRCH

I agree to my child taking swimming lessons at Horsenden Primary School. ☐

I agree to my child following health and safety rules whilst travelling to and from the pool and the rules at the pool. ☐

I am able to help every/some Thursdays. ☐

Name of parent _____

Signed _____ Date _____