

Oldfield Primary School

Oldfield Lane North, Greenford, Middlesex, UB6 8PR



Headteacher: Mr J. McCormack
Assistant Headteacher: Mrs B. Lorrimore
Assistant Headteacher: Mr R. Jennings



16th September 2026

Parent Coffee Morning: Supporting Your Child's Wellbeing **Tuesday 29th September, 9:00am - 9:45am**

Dear Parents and Carers,

We warmly invite you to join us for a relaxed and informal coffee morning:

Tuesday 29th September 2026
9:00–9:45 am

The session will be hosted by Ms Hughes, SENDCo, and Thea from the Mental Health Support Team (MHST).

This coffee morning is open to **all** parents and carers.

You may find the session helpful if your child:

- Seems anxious, worried or overwhelmed
- Finds routines or changes difficult
- Struggles to manage big feelings
- Displays behaviour that you are unsure how to respond to
- Is experiencing difficulties with their emotional wellbeing
- Needs additional support at home or at school

This will be a friendly, judgment-free space where you can have a chat, meet other parents, explore practical strategies and learn more about the support available for children and families.

Tea, coffee and refreshments will be provided. We would be delighted to welcome you.

Yours faithfully,

Ms Hughes
SENDCo